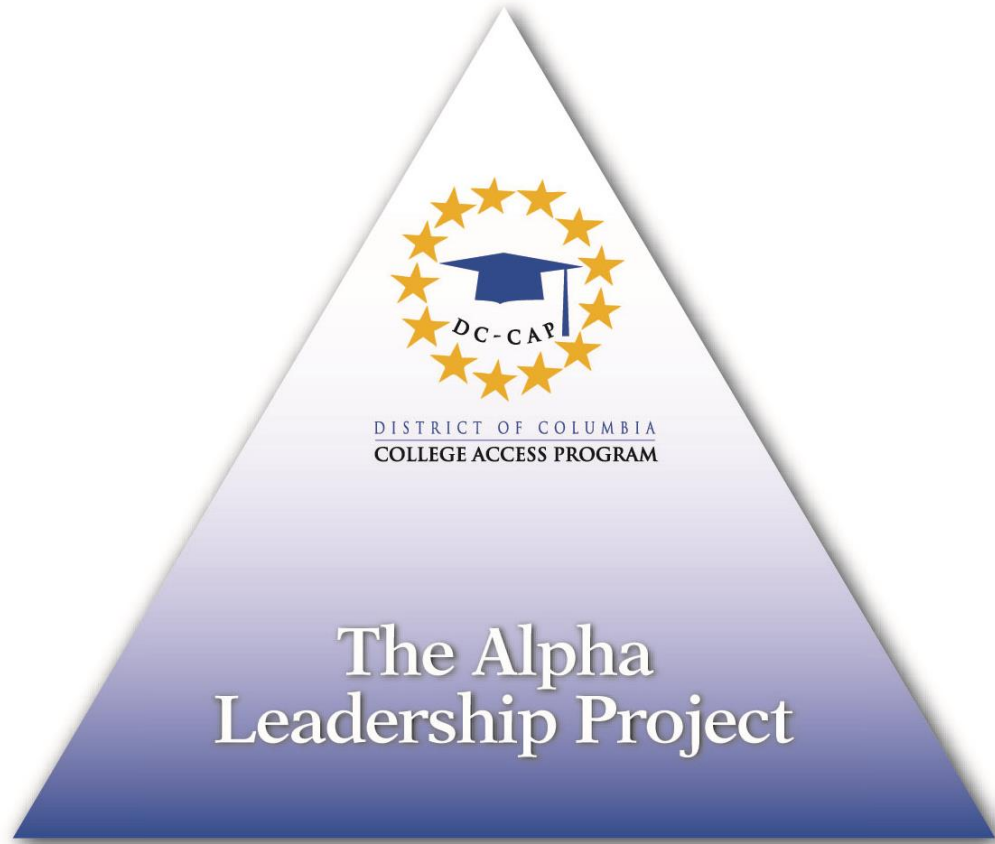


DC College Access Program



Raising Young Men Into Responsible Manhood

Parent Workshop #4





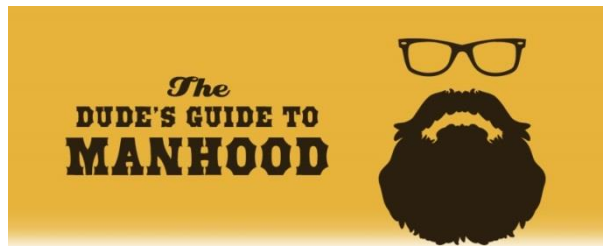
Objectives

- Discuss society's stereotype on being a man.
- Discuss how young men develop male identity.
- Discuss how parents can teach principles of responsible manhood to your son.



What Does It Mean To Be A Man?

- Society has created stereotypes for what it is to be a man and what manhood should look like.





Being a Man

- The young men in ALP defined being a man as...

being responsible

MATURITY





Man Up

- People are constantly telling boys to man up.
 - Coaches
 - Friends
 - Significant others
 - Parents
- Unfortunately man up has many different definitions and can create confusion and low self-esteem in young men.





Teaching Manhood

- Find him a Role Model
- Teach him how to plan
- Model respect for others
- Teach him to be trustworthy
- Hold him accountable and teach self-discipline
- Set rules and consequences
- Encourage Compassion





Be A Role Model

- Surround them with men that model the behavior you want them to demonstrate.
- Even if his dad is not in his life, role models/mentors can be uncles, brothers, god fathers, etc.





Teach them how to plan

- Teach how to be proactive to events happening around them.
- Help them develop a budget/savings plan to teach about finances
- Talk with them about careers and the requirements to achieve their goals
- How to set a SMART goal.





Model Respect

- Show them how to communicate respectfully with authority, i.e. police, teachers, etc.
- Show them how to respect women
- How to work in a team respectfully
- Respect Different perspectives





Trustworthiness

- Successful men honor their commitments
- Encourage them finish what they start.
- Their word is goes ahead of their comfort.
- Be honest even when people aren't watching





Accountability

- Self control is a key element to responsible manhood
- Being able to make decisions that may be contrary to the feelings of the moment.
- Help them see the benefit of sacrifice for greater worth.
 - Practice for sports teams to perform in games





Set Rules

- We live in a world of rules and consequences
 - Help him prepare for this by creating and enforcing rules at home
- Consequences can be excellent teaching moments.
- Teach him now so he doesn't learn the hard way when his is independent.





Teach Compassion

- Manhood isn't about being emotionless, and conceal his feelings.
 - Society gives the perception that the less emotions he shows, the more manly he is.
- That thought can be harmful to relationships.
- Show him the importance of kindness, showing love to his family & friends, and compassion for disadvantaged individuals





We are here to help

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